
















# Allergy Menu Week 4 - Week Commencing: 29.06.26

\*Low in Sodium & Refined Sugars

\*Nut Aware

\*Locally Sourced Produce

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	 <p><b>New Product</b></p> <p>MELON &amp; BLUEBERRY COCONUT YOGHURT W/ OATS / CRUNCH</p>	 <p>DF FOCACCIA / GF DF FOCACCIA W/ CAPSICUM &amp; OLIVES</p>	 <p>GRAPES, HUMMUS, CORN THINS &amp; VEGGIE STICKS</p>	 <p>TROPICAL FRUIT PLATTER W/ LF / RICE / SOY MILK</p>	 <p>COCONUT YOGHURT W/ BANANA &amp; RASPBERRY CHIA</p>
LUNCH	 <p>DF PUMPKIN &amp; PEAS PASTA / GF DF PUMPKIN &amp; PEA PASTA  W/ PEAS &amp; CARROTS</p>	 <p>BEEF BOLOGNAISE PASTA / GF DF BEEF BOLOGNAISE / BEEF CHOW MEIN / CHEESY VEGETABLE PASTA</p>	 <p>DF CHICKEN BURRITO / GF DF CHICKEN BURGER PATTIES / GF DF VEGGIE BURGER PATTIES</p>	 <p>BEEF &amp; VEGETABLE RISOTTO / GF DF BEAN BURRITO BOWL  W/ RICE &amp; BROCCOLI</p>	 <p>DF PUMPKIN SOUP &amp; GRAIN DIPPING BREAD / GF DINNER ROLL</p>
AFTERNOON TEA	 <p>MEXICAN BEEF BURRITO / CHEESY BEAN QUESADILLAS / GF DF BEAN QUESADILLAS</p>	 <p>KIWI, PEAR &amp; MANDARIN</p>	 <p>GF SPINACH &amp; FETTA ROLL / GF DF SPINACH &amp; CORN MUFFIN  W/ ORANGE WEDGES</p>	 <p>LF CHEDDAR CHEESE &amp; MULTIGRAIN VITA WEATS / BEETROOT HUMMUS &amp; BROWN RICE CRACKERS</p>	 <p>NOMATO CHICKEN PIZZA / LF TROPICANA CHICKEN PIZZA / DF TROPICANA CHICKEN PINWHEEL / GF DF TROPICANA CHICKEN PIZZA POCKET</p>